

West of England Primary PESSPA Conference

Wednesday 27th March 2024

8:30am – 3:30pm

Badminton School, Westbury Road, Bristol. BS9 3BA

£120 per delegate. £99 Early Bird Discount until 23rd February.

PLUS £30 per second schoolteacher if booked at the same time as a full delegate.

(Please note full payment will be taken for any non-attendance in order to cover refreshment costs.

Primary PESSPA Conference 2024

The annual West of England PESSPA Conference, organised by Wesport, is designed to support PE Leads and Head teachers make the best use of their Sport Premium funding. This is a fantastic opportunity for teachers to come together and gain insightful information to help you enhance the quality of your school's PE, Sport and Physical Activity provision, benefiting the health and wellbeing of all pupils.

Places are limited so please book early.

To book your place at the conference visit:

www.wesport.org.uk/2024-pesspa-conference/

For more information please contact:



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Keynote Speaker

Gethin Mon Thomas – Bangor University

"A spotlight on Physical Literacy and how we can nurture children and young people's relationship with movement and physical activity."

We are thrilled to have Gethin Mon Thomas to speak to delegates at this year's conference.



Gethin is an independent consultant working within the fields of education, health and wellbeing, and physical literacy informed practice. Gethin also teaches at the School of Sport Health and Exercise Science, Bangor University specialising in physical literacy informed practice and physical education pedagogy and has presented at several international conferences.

Gethin has extensive experience of working in an advisory capacity with special, primary, and secondary settings.

Gethin's keynote will start by introducing Sport England's recently published Physical Literacy consensus statement. Gethin will begin to unpack the concept, focussing on what Physical Literacy is as well as what it isn't and will explore 'why' and 'how' we can nurture children and young people's relationship with movement and physical activity.

The morning keynote will be followed by your choice of 2 workshops, before coming back together for a whole group workshop on The OFSTED Framework. You will be asked for your selections as part of the booking form. To book on click [here](#).

Morning Workshop Choices

Session 1	Session 2
<p>Translating Physical Literacy into Practice – Gethin Mon Thomas</p> <p>In this session Gethin will build on his keynote through reflection on existing practice and approaches adopted. With a focus on translating Physical Literacy as a conceptual framework into practice, discussions will focus on e.g., ‘What’ does this look like in practical terms? From a pedagogical perspective ‘what’ do positive physical, social and emotional experiences translate into?</p>	<p>(Youth Voice) Play Their Way: How we put children's voice at the heart of physical activity – Nicky Harveson</p> <p>From Active Gloucestershire, Nicky is a Physical Activity Specialist, Cycling Coach and Coach Developer. In this session Nicky will share the Play Their Way Movement of ‘Voice, Choice, Journey’ where you will discuss the joy of play and how to help children and young people find their voice in sport and physical activity.</p>
Session 3	Session 4
<p>5 Things your PE Curriculum might be missing to level the playing field – Create Development</p> <p>Here we will identify the most common mistakes around curriculum planning and how to avoid them. The session will help develop a broader understanding of what a joined up and coherent curriculum looks like and establish clearly defined ‘end points’ and identify how to achieve them.</p>	<p>Inclusion – What support is available for staff and how the School Games can support young people with SEND</p> <p>Delivered by Kris Tavender (YST Lead Inclusion School Coordinator for the West of England), this session will discuss:</p> <ul style="list-style-type: none"> • Role of The Lead Inclusion School • Staff CPD • Leadership Opportunities for People with SEND • Inclusive School Games Event

Afternoon Practical workshops

After lunch and marketplace time you will be able to participate in 2 of the following 4 options:

Session 1	Session 2
<p>Using the STEP Principle within PE Delivery – Dan Hall</p> <p>Delivered by Bristol City Robins Foundation, this session will look at the ‘four corners’ (Physical, Technical, Social and Psychological) holistic approach to development. We will go through the organisation, questions and challenges to ask and also differentiation and how to utilise the STEP principle.</p>	<p>Multi Skill Activities – Julie Jones</p> <p>The Lawn Tennis Association will demonstrate a snapshot of the resources that can be accessed for tennis and cross-curricular resources that link to character skills, as well as a focus around organisation and differentiation. We will also spend some time looking at some of the sending and receiving skills that are good for tennis (and other sports) as well as some simple multi-skilled activities that help provide foundations for future tennis skills.</p>
Session 3	Session 4
<p>Free G (a mix of Parkour/Free Running/Gymnastics) Baskerville’s Gym</p> <p>This gymnastics and parkour development session for all will include:</p> <ul style="list-style-type: none"> • New and creative warm ups • Gymnastics supporting techniques • Parkour skills suitable for all abilities • Lesson planning ideas and FAQ’s for gymnastics 	<p>Inclusive Activities – Kris Tavender Warmley Park School</p> <p>This session provides attendees with inclusive games and practices to engage all children.</p>