



# Top Tips on PE & Sport Premium Underspend



With the current 2019-20 underspend deadline fast approaching we have outlined further ideas below as a driver for whole school improvement and wider wellbeing. This complements the [7 top tips document](#). Please take a look if you haven't already. We also like [Complete PE's top tips](#) for achieving impact in KI's 1-5.

The latest afPE sport premium FAQ's can be found [here](#). It's important when considering your spend how you will justify and evidence the 3 I's (Intent, Implementation and Impact) and crucially how these will become sustainable. If you see a need for your school, you are developing or offering something new and you feel it hits at least one of the 5 Key Indicators then the recommended [reporting template](#) indicates how you should be evidencing this on your website. If you have found a need but would like support on getting it right in your schools document then please contact [Nicole.emmanuel@wesport.org.uk](mailto:Nicole.emmanuel@wesport.org.uk)

We encourage you all to maintain relationships within your local network. School Sport Partnerships offer good value for money and offer sustainability through your network coming together to contribute towards a service that can respond to your needs. If you are part of a multi-academy trust it might be useful for you to see how schools within the trust are spending their sport premium and/or how you can come together to invest more sustainably.

## 1. Scheme of Work

We suggest you invest in a good scheme of work that gives you structure and enables teachers to feel confident in delivering PE. Many offer flexibility in choice of session plans to meet progressions allowing you to personalise the curriculum. Could it link to your school values to ensure PE has a high profile alongside other core subjects?

For sustained impact of your scheme of work you may also need to invest in CPD and Resources to implement high quality lessons.

## 2. CPD + Staff Training

Did the pandemic put a halt on CPD investment? Have a conversation with your CPD provider to spend upfront before March 31st, with intent to implement when guidelines permit. Could the cost be split to deliver some online content now, and roll it out wider in inset or twilight sessions when applicable?

## 3. Resource/Broadening Provision

Have you sought feedback from staff, pupils, parents to find out what interests them, or will you base these purchases on your scheme of work? Do you need a storage solution?

- Purchase activity packs for class bubbles or each pupil for use in PE Lessons or break times
- Purchase rewards/ equipment for intra competition or an online platform (house/ whole class/ family challenges) providing opportunities to compete.
- Broaden the range of opportunities through new equipment purchases, technology or specialist delivery

## 4. Active Travel

The latest ALCYP report shows the positive increase in this activity during the pandemic. How could your school continue the impact of this positive trend?

Consider Storage, raising awareness, celebration, pupil tracking logs, family/ class challenges & training sessions!

## 5. Active Learning

Have you invested in resources and training that develops confidence in key areas of the curriculum through physical activity? Particularly in the recovery curriculum where social capital is crucial for pupils' wellbeing, active learning can provide the environment and education necessary to bring out the best in individuals. Physical activity within curriculum learning can improve both attention span and attainment!

## 6. Outdoor Learning

Wellbeing & Mental Health should be a priority now more than ever when schools return. What CPD and resources can you implement to get children out of the classroom, moving and learning outdoors in the natural environment? Have you considered introducing Forest School and OAA in to your curriculum?

## 7. Enhancing break & lunchtimes

Have you thought of raising physical activity levels during the school day by creating a playground that is stimulating and encourages children to be creative and move more? Consider one which offers staff CPD, YL training and resource packs to ensure the investment is sustainable for years to come.

## 8. Active Breaks

Altering the school timetable with slightly shorter lessons could allow time for an extra active break to focus on MVPA? These can be indoor or outdoor and are led by the class teacher but driven by the children's interests.

## 9. School Speakers

Local clubs or athletes can help to inspire the next generation. They could deliver messaging around life skills and challenges they face, or align with any termly focusses & school values to help raise the profile of PE and sport as a tool for whole school improvement.

## 10. Activity Trackers

Do you understand the % of all pupils who are active for 60 minutes a day at your school? How do you identify key target groups? How do you measure the impact of your sport premium spend? Investment here will save time to analyse your data, pull reports and help celebrate engagement!

## 11. Swimming

Prioritise top up lessons for those who missed out last year. Speak to your provider to find out their plans for resuming lessons. Could you have a short programme of intensive swimming lessons and pay in advance for 21/22?

[Return to swim](#)

It's important any investment is meeting a need you have identified and the provider you use is the right fit for your school. Our PESSPA directory may help with some of your research. If you are interested in developing a link with one of them please have a look at the information provided on their website, contact them directly and/or a school they are already working with locally if listed. PLEASE NOTE: Wesport has not undertaken any quality assurance of these providers.

PESSPA  
Directory

Contact [Nicole.emmanuel@wesport.org.uk](mailto:Nicole.emmanuel@wesport.org.uk) if you have any questions or need further advice.