



wesport

INSPIRING ACTIVE LIVES

Annual Report 2019/2020

Welcome

Welcome to our latest annual report for 2019/20, produced at a time when everyone, almost everywhere, has felt the impact of the current global COVID-19 pandemic. It is still important to pause and celebrate what the Wesport Board, team, and network have been able to achieve together in the last financial year. This was the final year of our current strategy – Improving Lives (2016-2020). This annual report covers the period from April 2019 – March 2020.

We have been working with our team, Trustees and partners to develop a new strategy that will take us through to 2025, which we will publish in the coming months.

Please enjoy this look back at the last year, and thank you for your continuing support in helping Wesport contribute to Improving Lives in the West of England through championing, developing, and delivering sport and physical activity.



Steve Nelson,
CEO



Map of The West of England



LPASP
The Lockleaze
Physical Activity and Sport
Partnership

Focus work in Lockleaze



8

Organisations in the Lockleaze Physical Activity and Sport Partnership: enabling partners with an interest in the residents of Lockleaze to provide relevant sport and physical activity opportunities.

BCC Youth Sector Funding received to set up the Youth Sports Board: fencing sessions delivered, other sports delayed by COVID.



14

Regular attendees at the new Lockleaze Foxes Junior Netball Club plus a newly qualified local parent as the coach.

Quote from
Netball coach:

"Setting up, undertaking my coaching training and running this netball team has been made so easy, thanks to Wesport being there every single step of the way."

Quote from
Lockleaze
Councillor:

"I really appreciate the way Wesport have worked alongside our community organisations to support and deliver new activities by providing resources and training local people."

Satellite Club: Bath City Foundation and Avon & Somerset Police



15

Young people have engaged with this project from the local community. The project offers a diversionary activity and workshops including topics such as health & well being, knife crime, and drug & alcohol misuse.

50%

of all participants now enjoy taking part in all types of physical activity.

50%

of attendees now do more exercise beyond the session and 25% said they plan to do more.

Quote from participant:

"It taught us a lot and really helped us make the right decisions, I really enjoyed the football and got a lot out of the talks."

The experience of sport at this club has been highly commended as all participants say the staff at the session are welcoming.

Quote from participant:

"I really enjoyed taking part in the programme and believe I will gain a lot from it."

13 Apprentices joined the current 15 month programme, they are working towards completing the L2 Community Activator Coach award, having already completed a series of other CPD opportunities including an NGB Coaching course.



5

Employers have benefitted from hiring a Coach Core apprentice this year.

Coach Core targets 16-24 year olds who are not in education, employment or training. The programme delivers an inclusive and impactful sports coaching apprenticeship.

Quote from apprentice:

"Being a part of Coach Core has been hugely beneficial for me. Earning additional qualifications, like multi skills and inclusive coaching training has strengthened my abilities."

Quote from employer:

"We are reaping the benefits of an enthusiastic individual who has developed tremendously as an individual."

Workshop Programme

- 20 courses: Safeguarding, First Aid, Time to Listen
- 319 attendees
- 2 closed First Aid courses

Engagement Events

- **Co-creation Event** aimed at early intervention/ diversionary activities for young people: 35 attendees, 4 guest speakers
- **NGB Engagement Event:** 6 attendees
- **Sport & Physical Activity Network Event (SPAN):** 50 attendees



HIGHL

PE Conference

- **Primary PE Conference:**
77 attendees, 24 partners involved
- **Student Teacher PE Conference:**
150 attendees, 4 sessions delivered

Workplace Competitions

- 3 competitions: Softball, Netball, Handball
- 3 coaches engaged with
- 218 participants

HIGHLIGHTS

Primary

Premium Support

- 13 Primary School 1:1 meetings
- 3 Multi-Academy Trusts engaged with

Leadership Training

- **Young Leader Training:** 106 young people completed training for the School Games
- **Get Into Sports Coaching course-** Merchants Academy: 22 young people completed training for a project in Withywood (Unfortunately not delivered due to COVID)

School Games

- 9 standalone events with 31 different sports opportunities
- 211 schools took part
- 3295 children participated
- 53 delivery partners supported the events

Satellite Clubs

- 18 new projects
- 15 partners engaged with
- 402 participants
- £63,454 in funding has been provided to partners to deliver





Workforce Innovation Project: Refugees, Asylum Seekers, & Peers



5

Week practical course
provided a basic
introduction to sports
coaching, supporting the
learners with their first
steps into volunteer
coaching.



6

Attendees in the
first cohort
completed the
course

Recruitment and
development of this
course was supported
by Bristol Refugee
Rights, Bristol Hospitality
Network, Borderlands,
and Refugee Women of
Bristol.

Project
Manager
Sarah
McLeod said:

Quote from
participant:

"I am really enjoying
the experience of
coaching at the cricket
sessions. I can feel that
my confidence is
growing already"

"I was blown away by
their enthusiasm for the
course and I am really
excited to see how their
coaching journeys
evolve from here."



The Daily Mile

The Daily Mile is a simple free initiative, aiming to get children out running for 15 minutes, 3-5 times a week. It's completed in school uniform, in most weathers and at a time convenient to the teacher.

120

Total number of schools in The West of England signed up to The Daily Mile:

- 24- North Somerset
- 33- South Gloucestershire
- 40- Bristol
- 23- B&NES

6

Campaigns run with great success. Others are on pause due to COVID 19 and will be delivered from September.

Quote from teacher:

"I have seen lots of benefits to the children since starting The Daily Mile, they are moving better during PE lessons and are calmer during the day."

We launched the first recognised Daily Mile Multi Academy Trust with ELAN in North Somerset, by running a multi-sport festival. All 8 schools are now signed up and delivering The Daily Mile.

Quote from teacher:

"Educating children holistically, The Daily Mile has got to be one of the best initiatives I have seen in 30 years."





Bristol Parks Tennis



12,555

hours of courts have
been used within the last
12 months.

15

Tennis courts managed
across 3 sites: St
George, Canford, and
Eastville Park



63%

Members reported that
the amount of tennis
they've played has
increased in the past 12
months.

Quote from Pay &
Play customer:

"Excellent way to play
tennis in the community
and great value for
money. I don't have time
for a club so this is perfect
for organising a hit with
friends."

Quote from
member:

"We're really impressed
with the state of the
courts, the convenience,
and the benefits it brings
to our greater community.
Thank you!"

Looking Ahead...

Recent months have seen a significant change in the environment we are all working and living in. The COVID-19 pandemic, lockdown, and emerging actions to return to some form of normality will have an impact on our future operational practices. In the short to medium term, the ability to deliver sport and physical activity will need to consider health, legal, and social distancing requirements within plans.

This requires a flexible, collaborative approach working with our networks to find new ways to achieve our goals. Broadly, what Wesport is working to achieve has stayed the same; how we need to work to deliver is changing rapidly, and it will be important for us to keep an eye on these changes and adapt accordingly.

Inequalities, particularly those experienced by Black people, have been at the forefront of the national and international news. It has stimulated probably the biggest national conversation on race and inequalities here in the UK. Wesport aim to be part of the solution. We want to make sure the way in which we work, the communities we work with, the makeup of our team and Trust Board, our values and behaviours, all reflect our belief in providing for all communities, focusing resources on where they are needed most. This clearly includes Black, Asian, and other Minority Ethnic communities, and communities in lower socio-economic areas.

You will see this focus reflected in our conversations, work, and communications through 2020 and beyond.

Steve Nelson,
CEO





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