

Active Lives Children & Young People Survey Academic Year 2018/19

There's a positive association in children and young people between levels of engagement in sport and physical activity and:

- Levels of **mental wellbeing**
- Levels of **individual development**
- Levels of **community development**



The Active Lives Children & Young People Survey for the Academic Year 2018/19 was released by Sport England in December 2019. Data is presented for children and young people in school Years 1-11 (ages 5-16) in England.