

## JOB DESCRIPTION

<b>Job Title</b>	Coach
<b>Hours</b>	Full Time
<b>Reports to:</b>	Chief Operating Officer
<b>Job Purpose</b>	Coach and mentor young people, teaching them physical and non-physical attributes of non-contact boxing. Deliver technique sessions, physical education and health and well-being education. Be a trusted support for young people some of which are disengaged, vulnerable and/or 'at risk.'
<b>Main duties and responsibilities:</b>	
<ul style="list-style-type: none"> <li>• Work with young people one-to-one or in a group.</li> <li>• Prepare for each session, plan a variety of activities week on week including a technical session with demonstrations, drills, core work, stretching and a mentoring slot</li> <li>• Make use of a tool box of activities to engage young people, 'make it fun' whilst also dealing with emotions and adapting the session format as appropriate</li> <li>• A link between the young person and the school, building trust and encouraging open communication</li> <li>• Write up session notes at the end, provide a more detailed file note for one-to-one sessions</li> <li>• Meet school contacts regularly to review group/individual's progress</li> <li>• Manage own referrals and be the face of 'Empire Fighting Chance'</li> <li>• Command respect and trust from young people by sharing knowledge and expertise of boxing whilst also encouraging young people to have a voice and express themselves</li> <li>• Share experiences and learning with the other coaches</li> </ul>	
<b>Skills and attributes</b>	
<ul style="list-style-type: none"> <li>• Ability to exemplify Empire Fight Chance core values and behaviours</li> <li>• Good communication skills, adapt to the audience</li> <li>• Good listener and patience</li> <li>• Ability to work calmly under pressure. High degree of emotional resilience</li> <li>• Good at problem solving and using own initiative</li> <li>• Physically fit and healthy</li> <li>• Able to read a situation and take appropriate action</li> <li>• Able to 'think on your feet' and deal with the unexpected</li> </ul>	
<b>Knowledge and experience</b>	
<ul style="list-style-type: none"> <li>• 1-2 years' experience of working with young people (essential)</li> <li>• Experience of working with vulnerable, challenging or 'at-risk' young people (desirable)</li> <li>• Understanding of Boxing (essential)</li> <li>• A boxer or ex-boxer (desirable)</li> <li>• Experience of working independently including lone working</li> <li>• Full and (preferably) clean driving licence (essential)</li> </ul>	
<b>Standards</b>	
<ul style="list-style-type: none"> <li>• Maintains high standards of personal appearance, conduct, respect for company property and reputation</li> <li>• Works within the appropriate company policies and procedures including health and safety</li> <li>• Information about customers, suppliers, contracts, tenders and other commercially sensitive matters etc are considered confidential and must not be divulged without prior authority</li> </ul>	
<p>This job description is a guide to the duties you will be expected to perform. It is not an exhaustive list, and such duties may well be altered from time to time to meet changes in Empire Fighting Chance requirements. Any such changes will be discussed with the post holder prior to the changes being made.</p>	

