

# Conference Overview

Time	Topic	Speaker/ Workshop
8.45	Registration, Tea, Coffee	
9.30	Welcome	Steve Nelson – CEO of Wesport and Conference Facilitator
	Welcome to Bristol; Bristol's Sporting Future – a new Vision	Marvin Rees – Elected Mayor of Bristol
9.40	Keynote Speaker 1 – a global, community led approach to getting people active	Chrissie Wellington – Global Head of Health and Wellbeing, parkrun
9.55	Keynote Speaker 2 – Sport, Physical Activity and the Government: The logic of investing in Sport and Physical Activity to benefit society	Mike Diaper - Director of Community Sport, Sport England
10.10	Keynote Speaker 3 – a changing role for National Governing Bodies of Sport	Adrian Christy – CEO of Badminton England, Chairman of National Governing Bodies of Sport CEO Forum
10.25	Keynote Speaker 4 – How Grassroots sport can change perceptions of disability	Barry Horne – CEO, English Federation for Disability Sport
10.40	The importance of sport and physical activity from a public health perspective	Sally Hogg - Public Health Bristol
10.55	Break	
11.25	Workshop Session 1	See separate page
12.05	Workshop Session 2	See separate page
12.45	Lunch	Lunch time physical activity options available for delegates
13.45	Post lunch “energiser” with a special guest	Pat Ham, Head Coach at Bristol Rugby
14.15	The Impact of Sport: “Sport Changed my Life”	Hosted by our special guest Pat Lam, this Q & A is with a mix of individuals for whom sport has made a significant impact on their life's journey.
14.45	Workshop Session 3	See separate page
15.30	Workshop Session 4	See separate page
16.15	My Sporting Journey – lessons for the future	James Cracknell OBE – former rowing World Champion and double Olympic Gold Medallist
17.00	Conference Ends	